

rectly differentiated. Finally, our preliminary results also point towards trephine as the most informative and occasionally unique material for identifying certain particular lymphoma entities.

### Conclusion

Histological examination of the bone marrow based on an evaluation of trephine biopsies is the gold standard for the diagnosis of bone marrow involvement in non-Hodgkin's lymphomas while immunohistochemistry and molecular analysis may increase the accuracy and the sensitivity of lymphoma detection. Subtyping lymphomas on the trephine, according to the REAL classification, needs further investigation.

### References

- Brunning RD, McKenna RW. *Tumors of the bone marrow* Atlas of tumor pathology, Armed Forces Institute of Pathology, Washington 1994; 3rd series, fascicle 9.
- Goad JE at al. *Correlation of PCR-detected clonal gene rearrangements with bone marrow morphology in patients with B-lineage lymphomas*. Am J Surg Pathol 1997; 21:1047-1056.
- Crisan D, Mattson JO. *Discordant morphological features in bone marrow involvement by malignant lymphomas: Use of gene rearrangement patterns for diagnosis*. Am J Hematol 1995; 49: 299-309.
- Harris NL at al. *A revised European-American classification of lymphoid neoplasms: A proposal from the international lymphoma study group*. Blood 1994; 84: 1361-1392.
- Horny HP at al. *Investigation of bone marrow lymphocyte subsets in normal, reactive, and neoplastic states, using paraffin-embedded biopsy specimens*. Am J Clin Pathol 1993; 99: 142-149.
- Montserrat E at al. *Bone marrow assessment in B-cell chronic lymphocytic leukaemia: Aspirate or biopsy? A comparative study in 258 patients*. Br J Haematol 1996; 93: 111-116.
- Nash JRG at al. *An immunohistochemical study of lymphocyte and macrophage populations in the bone marrow of patients with non-Hodgkin's lymphoma*. J Pathol 1988; 154:141-149.
- Pittaluga S at al. *How reliable is bone marrow trephine histology for the staging of non-Hodgkin's lymphoma? A study of hairy cell leukemia and mantle cell lymphoma involvement of the bone marrow trephine by histology immunohistochemistry and the polymerase chain reaction (PCR) technique*. Am J Clin Pathol 1998; in press.
- Pizzolo G at al. *Routine immunofluorescent and histochemical analysis of bone marrow involvement of lymphoma/leukemia: The use of cryostat sections*. Br J Cancer 1983; 48: 763-775.
- Wu G at al. *Obtaining clone-specific primer and probe for the immunoglobulin heavy chain gene from paraffin-embedded tissue of B-cell lymphoma: Technical considerations*. Diagn Mol Pathol 1997; 6: 147-153.

## Philadelphia chromosome-negative (Ph1-) chronic myeloproliferative disorders. A synoptic approach

J. Thiele

*Institute of Pathology University of Cologne, Germany*

Progress in the understanding and definition of the three main subtypes of Ph1- chronic myeloproliferative disorders (CMPDs), idiopathic (primary) myelofibrosis (IMF), polycythemia vera (PV) and essential thrombocythemia (ET) seems to be most promising when pursuing a synoptic approach to this problem. This implies not only close cooperation with the clinicians and reference to hematological data (1) but also a clear-cut distinction between reactive lesions (i.e., spurious polycythemia vs. PV or thrombocytosis vs. ET) in the initial stages of the disease process (2, 3). Considerable difficulties may arise in distinguishing thrombocythemia (4) and (osteo-)myelofibrosis (5), which eventually occur in all three subtypes of Ph1- CMPDs (4, 6). In addition to semiquantitative staging systems (Hannover Classification), which are based on histological features in pretreatment (6) and sequential bone marrow biopsies (5, 7), more elaborate techniques such as histochemistry and morphometry are warranted (Table 1). In this context controversy still persists regarding morphological criteria (8), in particular megakaryopoiesis as one of the most distinctive hallmarks of histopathology (4-7). Moreover, a difference of opinion has been expressed concerning the so-called prefibrotic initial stages of IMF. This implicates predominantly their stage-like evolution into myelofibrosis (4, 5, 7), presenting clinical features and diagnostic criteria (9-11) and, when accompanied by an elevated platelet count, also their differentiation from ET (Table 2). Altogether, laboratory data and morphological variables should be considered equally to construct corresponding risk groups which are essential for the design of clinical trials aiming to improve treatment strategies (10,12). The determination of features indicating prognosis have to include parameters characterizing dynamics of hematopoietic cell kinetics (13), such as proliferating cell nuclear antigen (PCNA), Ki-S1 (topoisomerase II) and apoptosis. The rationale of this procedure is to obtain a deeper insight into leukemic cell turnover (14) and to significantly

**Table 1. Morphometric characteristics (mean  $\pm$ SD) at diagnosis of patients regarding several bone marrow features in Ph1-chronic myeloproliferative disorders compared with a control group.**

	Normal bone marrow	Polycythemia vera	Idiopathic myelofibrosis	Essential thrombocythemia
Number of patients	20	115	150	40
Cellularity (%)	50.5 $\pm$ 13.9	88.1 $\pm$ 7.9	81.9 $\pm$ 12.4	70.8 $\pm$ 6.6
Erythropoiesis $\times 10^2/\text{mm}^2$ (Ret 40 f)	14.6 $\pm$ 2.7	36.9 $\pm$ 6.7	7.2 $\pm$ 3.8	16.1 $\pm$ 3.0
Granulopoiesis $\times 10^2/\text{mm}^2$ (naphthol-AS-D-chloroacetate esterase reaction)	39.0 $\pm$ 6.3	58.7 $\pm$ 8.8	40.1 $\pm$ 25.0	37.4 $\pm$ 6.3
Megakaryopoiesis/ $\text{mm}^2$ (0061)	24.4 $\pm$ 5.3 (14.0-30.1)	102.6 $\pm$ 24.2 (52.1-145.2)	79.9 $\pm$ 29.9 (36.8-184.0)	126.6 $\pm$ 35.6 (66.5-197.2)
Macrophages $\times 10^2/\text{mm}^2$ (0068)	3.0 $\pm$ 1.2	3.9 $\pm$ 1.2	7.4 $\pm$ 1.3	3.7 $\pm$ 0.7
Fibers $\times 10^2/\text{mm}^2$ (Gomori's stain)	16.1 $\pm$ 5.1 (4.1-19.5)	21.6 $\pm$ 10.3 (5.4-38.6)	93.5 $\pm$ 32.8 (16.1-160.3)	14.9 $\pm$ 6.1 (6.6-30.5)
Fraction with myelofibrosis (%)	0	17	84	0

Because of the wide ranges, corresponding values (in brackets) are given for megakaryocytes and fibers. The incidence of (reticular - collagen) myelofibrosis for all entities (cut-off point, doubling of normal reticulin stain, measured fiber density) is also indicated.

Table 2. The Cologne Criteria (4) for the diagnosis and staging of idiopathic myelofibrosis (IMF).

- A No preceding or allied other subtype of myeloproliferative disorders or myelodysplastic syndromes
- B Splenomegaly (or palpation or >11 cm ultrasound)
- C Thrombocytopenia (platelet count >500 x 10<sup>9</sup>/l)
- D Anemia (Hb <12 g/dl)
- E Definitive leukoerythroblastic blood picture
- F Histopathology: granulocytic plus megakaryocytic myeloproliferation with large, multilobulated nuclei containing megakaryocytes which show abnormal clustering and definitive maturation defects and the following: i) no to minimal reticulin fibrosis; ii) slight reticulin fibrosis; iii) marked increase (density) in reticulin fibers or collagen fibrosis; iv) osteosclerosis (endophytic bone formation).

Diagnosis and classification of IMF is acceptable if the following combinations are present:

- Stage 1: A+B+C+F1 is consistent with a hypercellular (prefibrotic) stage simulating clinically essential thrombocythemia
- Stage 2: A+B+C+D+F2 is consistent with early IMF
- Stage 3: A+B+D+F3 is consistent with manifest IMF
- Stage 4: A+B+D+E+F3+4 is consistent with advanced IMF complicated by osteosclerosis (osteomyelosclerosis)

Table 3. Simplified synthesis prognostic staging system (Cologne score) in idiopathic (primary) myelofibrosis (IMF) derived from a clinicopathological study on 120 patients (13).

Parameter		Prognostic impact (score)
Age (years)	>70	2
Hb (g/dl)	<10	2
Thrombocytes (x10 <sup>9</sup> /l)	<300	1
Leukocytes (x10 <sup>9</sup> /l)	>20	1
Myeloblasts (%)	>2	
Erythroblasts (%)	>2	
Proliferating cell nuclear antigen index (per mm <sup>3</sup> )	<240	0.5
Apoptosis (per mm <sup>3</sup> )	<6	0.5

  

Prognostic staging Risk group	Score (points)	Survival		
		Observed (months)	Relative (5 years)	Proportion of life loss
Low risk	<2	157	78%	14.98%
Intermediate risk	>2 and <4	45	42%	60.23%
High risk	>4	15	10%	76.71%

improve the impact of risk profiles (Table 3). Thus a substantial advance in diagnostic and prognostic efficiency may be achieved by a concerted action involving a refined histological evaluation and a close consideration of clinical findings.

**References**

1. Dickstein JI, Vardiman JW. Hematopathologic findings in the myeloproliferative disorders. *Semin Oncol* 1995; 22: 355-373.
2. Bilgrami S, Greenberg BR. *Polycythemia rubra vera*. *Semin Oncol* 1995; 22: 307-326.
3. Michiels JJ, Juvonen E. Proposal for revised diagnostic criteria of essential thrombocythemia and polycythemia vera by the Thrombocythemia Vera Study Group. *Semin Thromb Hemostas* 1997; 23: 229-347.
4. Thiele J, Kvasnicka HM, Diehl V et al. Clinicopathological diagnosis and differential criteria of thrombocytosis in various myeloproliferative disorders by

histopathology, histochemistry and immunostaining from bone marrow biopsies. *Leukemia Lymphoma* 1999; 33: 207-218.

5. Buhr T, Georgii A, Choritz H. Myelofibrosis in chronic myeloproliferative disorders. Incidence among subtypes according to the Hannover Classification. *Path Res Pract* 1993; 189: 121-132.
6. Georgii A, Vykoupil KF, Buhr T et al. Chronic myeloproliferative disorders in bone marrow biopsies. *Path Res Pract* 1990; 186: 3-27.
7. Georgii A, Buhr T, Buesche G et al. Classification and staging of Ph-negative myeloproliferative disorders by histopathology from bone marrow biopsies. *Leukemia Lymphoma* 1996; 22: 15-29.
8. Pereira A, Cervantes F, Bruges R et al. Bone marrow histopathology in primary myelofibrosis: Clinical and haematologic correlations and prognostic evaluation. *Eur J Haematol* 1990; 44: 94-98.
9. Rozman C, Giralt M, Feliu R et al. Life expectancy of patients with chronic non-leukemic myeloproliferative disorders. *Cancer* 1991; 67: 2658-2663.
10. Dupriez B, Morel P, Demory JL et al. Prognostic factors of agnogenic myeloid metaplasia: A report on 195 cases with a new scoring system. *Blood* 1996; 88: 1013-1018.
11. Cervantes F, Pereis A, Esteve J et al. The changing profile of idiopathic myelofibrosis: A comparison of the presenting features of patients diagnosed in two different decades. *Eur J Haematol* 1998; 60:101-105.
12. Kvasnicka HM, Thiele J, Werden C et al. Prognostic factors in idiopathic (primary) osteomyelofibrosis. *Cancer* 1997; 15: 708-719.
13. Kvasnicka HM, Thiele J, Regn C et al. Prognostic impact of apoptosis and proliferation in idiopathic (primary) myelofibrosis. *Ann Hematol* 1999; 78: 65-72.
14. Thiele J, Zirbes TK, Lorenzen J et al. Hematopoietic turnover index in reactive and neoplastic bone marrow lesions: Quantification by apoptosis and PCNA labeling. *Ann Hematol* 1997; 75: 33-39.

**Chronic myelogenous leukemia. An update**

**A. Georgil, G. Buesche, Th. Buhr, J. Thiele, R. Hehlmann and the German Chronic Myelogenous Leukemia Study Group**

*Depts. of Pathology Hannover Medical School, University of Cologne, and Internal Medicine, Dept. of Hematology University of Mannheim-Heidelberg, Germany.*

Chronic myelogenous leukemia (CML) comprises four groups that are under discussion at present. These are: i) Philadelphia (Ph)-positive, BCR-positive CML; ii) Ph-negative, BOR-positive CML; iii) atypical CML (aCML), i.e. Ph-negative, BOR-negative aCML; and iv) chronic myelomonocytic leukemia (CMML), which actually belongs into the myelodysplastic syndromes but which must be discussed in this context. The first group is by far the largest, with over 90% occurrence among all CMLs. The second group is believed to form about 4% (1). CMML is presumed to have approximately 3% frequency and the new category of aCML is even more rarely observed (2-4). Neutrophil leukemias are seldom detected and are thus not considered within this article. Recent results of bone marrow pathology focus on the large group of Ph-positive CML and on Ph-negative, BCR-positive CML since patients of the second group have similar clinical characteristics and outcome (1, 2, 5). Patients of both groups benefit from protocol therapy with interferon- $\alpha$  (IFN- $\alpha$ ) or hydroxyurea, which has prolonged their mean life expectancy from 3-4 years to about 5 years overall survival (5, 6).